

A Food to Work On

Work! Work!! Work!!!

Lots of energy is needed to keep up the pace. In the struggle, the man with the strong body and clear brain wins out every time.

The man of to-day needs something more than mere food; he needs a food that makes energy—a food to work on.

Although some people may not realize it, yet it is a fact, proved and established beyond doubt, that soda crackers—and this means **Uneeda Biscuit**—are richer in muscle and fat-making elements and have a much higher per cent. of tissue-building properties than any other article of food made from flour.

That this is becoming known more and more every day is attested by the sale of nearly 400,000,000 packages of **Uneeda Biscuit**, the finest soda cracker ever baked. An energy-giving food of surpassing value—sold in a package which brings it to you with all the original flavor and nutriment perfectly preserved. *Truly the food to work on.*

Whoever you are—whatever you are—wherever you work—**Uneeda Biscuit**.

NATIONAL BISCUIT COMPANY

5¢

THE KING OF AIR RIFLES

Given Away to Boys Free for Getting Clubs of Subscriptions for The Weekly Journal.

Any boy who will secure 10 new subscriptions for the Kansas City Weekly Journal at 25 cents a year each, making a total of \$2.50, and will send the names together with the money to The Kansas City Journal, will be given an Air Rifle as a present. The name of this Air Rifle is the King and it is certainly the king of Air Rifles.

It is made of polished steel handsomely nicked. Genuine black walnut stock, peep rear and Rocky Mountain front sight. Shoots BB shot or darts accurately with great force. Length 31 inches, weight 2 pounds. All parts interchangeable.

Now is the time for the boy to earn a splendid Air Rifle. This offer will hold good until Jan. 1, 1907.

Send for samples for canvassing.

Do not fail to write your name and address plainly and give your nearest express office, as the Air Rifle will have to be shipped by express.

Send your remittance by postoffice money order or draft, and address The Kansas City Journal, Kansas City, Mo.

Stray Pointers.

When a fool is in love he acts natural.

A burnt child makes you dread the insurance agents.

Enemy—a person who wants you to lend him \$5.

Speak twice before the other man has time to think.

Marry in haste and your rivals will repent at leisure.

Large ears are a sign of benevolence—on the part of nature.

The guiltier a man is, the bigger the lawyer he hires.

One side of an argument is always less than half of it.

No woman is satisfied until she is able to shop in a carriage.

Marrying a rich widow isn't a bad sort of get-rich-quick game.

A silk purse in the hand is worth two sow's ears in the pen.

Some women have nerves, while others merely have nerve.

Lots of people get beyond depth in the sea of matrimony.

Save your pennies and your heirs will take care of themselves.

Nine ladies' terrors make a man shudder at the thought of polygamy.

Never judge a man by his clothes; it may be a rented dress suit.

Lightning never strikes twice in the same place if it doesn't have to.

One way to beat a cunning man at his own game is with a club.

It takes a mighty pretty woman to make a wink look lady-like.

If a boy has five or six sisters he is likely to be called a cissy-boy.

A dog fight is a good deal like a man fight; both dogs really want to quit.

Every railroad man says every other railroad man has an easy time.

A man's wife usually has more confidence in him than he has in himself.

If wishes were automobiles, the demand for gasoline would exceed the supply.

It doesn't satisfy a man's hunger when he is compelled to eat his own words.

People never get as much enjoyment out of their wickedness as they pretend to.

Many a man has his leg pulled because of his anxiety to put his best foot forward.

Thousands Have Kidney Trouble and Don't Know It.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What to Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of liquor, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and the extraordinary effect of **Swamp-Root** is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and \$1. sizes.

You may have a sample bottle of this wonderful discovery and a book that tells more about it, both sent absolutely free by mail. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this generous offer in this paper. Don't make any mistake, but remember the name, Swamp-Root, Dr. Kilmer's Swamp-Root, and the address, Binghamton, N. Y., on every bottle.

DR. COE'S SANITARIUM.



BEST INVALID'S HOME IN THE WEST. Organized with a full staff of physicians and surgeons for treatment of all Chronic Diseases. **THIRTY ROOMS** for accommodation of patients. **Difficult Surgical Operations** Performed with Skill and Success when Surgery is Necessary. **DISEASES OF WOMEN** Well equipped to treat diseases of women. Many who have suffered for years cured at home. **SPECIAL BOOK FOR WOMEN FREE.** **PILES** PERMANENT CURE Without knife, ligature or caustic. No money accepted until patient is well. **SPECIAL BOOK FREE.** **VARICOCELE** Radically Cured in Ten Days, under a Positive Guarantee. Send for Special FREE Book. **New restorative treatment for loss of Vital Power, Hydrocele, Rupture, Stricture, etc.** **CRIPPLED CHILDREN** CURED by improved methods. Trained attendants.

WRITE FOR FREE BOOK ON Club Feet, Curvature of Lung, Eye, Skin, Spine, Hair, Lip, Kidney, Bladder, Blood and Nervous Diseases. Patients successfully treated at home by mail. **Consultation Free** and confidential, at office or by letter. **Thirty years' experience.** **170 page Illustrated Book Free**, giving much valuable information. Call at office or write to **DR. C. M. COE, KANSAS CITY, MO.** OFFICE, 915 WALNUT ST.

TIME TABLE.

Burlington Route

All trains daily except as otherwise noted.

A—Daily except Sunday.

| TRAIN NO. | LACLEDE TRAIN SERVICE. | ARRIVE | DEPART |
|-----------|---|------------|--------|
| 55 | For Kansas City, St. Joseph, Kansas and West, from Chicago and Quincy | 4:15 a.m. | |
| 16 | To Hannibal, St. Louis and East from West. | 12:35 a.m. | |
| A. 1 | Local passenger for Kansas City from Brookfield | 6:10 a.m. | |
| 3 | Local passenger to Missouri River and west from the east. | 11:55 a.m. | |
| 41 | "The Burlington Northern-Pacific Express" for Kansas City, Northwest Nebraska, Black Hills, Wyoming, Montana, Washington, Puget Sound, Portland from St. Louis. | 3:28 p.m. | |
| 5 | Nebraska-Colo. Express to St. Joseph and the West from the East. | 8:49 p.m. | |
| 83 | Way freight to Chillicothe. | 6:55 p.m. | |
| 4 | Local passenger to Hannibal, St. Louis, Illinois, Chicago, Peoria and St. L. E. & N. W. points. | 11:30 a.m. | |
| 14 | To Hannibal, St. Louis and east from the west. | 12:30 p.m. | |
| A. 6 | Local passenger to Brookfield from Kansas City. | 9:15 p.m. | |
| 56 | To Quincy, Chicago, Peoria, and east, St. Louis, K. & N. W. points. | 10:00 p.m. | |
| A. 92 | Way freight, east bound | 4:40 p.m. | |

C. B. & K. C. ROAD.

| | | | |
|-------|--|------------|------------|
| A. 7 | Local passenger for Carrollton | 3:20 p.m. | 3:50 p.m. |
| A. 19 | Way freight from Moulton | 6:00 p.m. | |
| A. 9 | Way freight, south bound | | 8:20 a.m. |
| A. 8 | Local passenger north bound | 11:25 a.m. | 11:55 a.m. |
| A. 10 | Way freight north bound | 5:30 p.m. | |
| 20 | Way freight north bound (Monday, Wednesday, Friday and Saturday) | | 7:45 a.m. |
| 24 | Fast freight north bound (Tuesday and Sunday only) | | 5:45 a.m. |
| 26 | Fast freight north bound (Thursday only) | | 6:45 a.m. |

F. F. PRATT, Agent, Laclede.

Z. T. STANDLY, President.

H. O. LOMAX, Cashier.

J. T. LOMAX, Ass't. Cashier.

Lomax & Standly, BANKERS, LACLEDE, MISSOURI.

Capital Stock \$ 5,000.00
Surplus \$ 5,000.00

Transact a General Banking Business.

To Pacific Coast

\$27.90

for one-way tickets

\$5.00

for tourist double berths

Burlington Route

These unusually low colonist rate tickets from Laclede to Washington, Oregon and California will be on sale daily until October 31.

Rates are proportionately low to other points.

Modern and comfortable tourist sleepers leave Laclede every day at 3:28 p. m. for Washington and Oregon; at 3:30 a. m. for California.

Let us tell you why you should select the Burlington Route for your Western trip.

F. F. PRATT, Agent,
C. B. & Q. Ry., Laclede, Missouri.

K.C.S.

PORT ARTHUR ROUTE

"Straight as the Crow Flies."

Kansas City Southern Railway

EXTREMELY LOW RATES ON FIRST AND THIRD TUESDAYS OF EACH MONTH

The tide of immigration has turned to the South, where land is cheap and crops abundant.

THE LAND OF FULFILLMENT.

No other section of the country promises such great return from products of the soil and increased values.

It's WORTH YOUR TIME.

Write for free illustrated literature.

H. D. DUTTON, TRAV'L PASS. AGT.

F. E. ROESLER, IMMIG'N AGENT.

S. G. WARNER, G. P. & T. A.

105 THAYER BLDG., KANSAS CITY, MO.

Quick and Quiet,

QUEEN of cleanness, rapid in reaching results, silent and satisfactory in action, royal in simple beauty and purity,

Maple City Self Washing Soap

The one splendid and substantial white Soap—the best ever used in tub or boiler. Besides being the most effective of all cleansing agencies, it acts as a sterilizer and preservative. While making bleached clothes dazzling white, it prevents colored clothes from fading, and woollens from shrinking. It restores brightness to woodwork, and is unrivalled for windows, dishes, glass, silver and tinware. One cake outlasts two of ordinary soaps, 5 cents. At all grocers.

MAPLE CITY SOAP WORKS, Monmouth, N. J.



J. T. HAMILTON & SON DEALERS IN LUMBER.

Shingles, Sash, Doors, blinds, plaster, lime & cement

Also agents for Springfield and Phoenix Insurance Companies.

O. F. L. IBBY, ATTORNEY-AT-LAW and Notary Public. Will practice in all courts. Special attention given to collection, Real Estate and Insurance agent.

C. C. BIGGER Attorney at Law

LACLEDE, MISSOURI.